

Babe Ruth League, Inc.  
Southeast Regional Baseball Tournaments  
Tournament Pitching Limitations & Rest Requirements

Every pitch to a batter counts. This includes strikes, balls, foul balls, fair balls, pitches that touch the batter, and pitches that are ruled "no pitch" by the umpire.

TOURNAMENT PITCHING LIMITATIONS & REST REQUIREMENTS				
AGE GROUP	DAILY MAXIMUM LIMITATIONS* (PITCHES PER DAY)	REQUIRED REST PERIOD		
		0 Days	1 Day	2 Days
8-9-10	75	1-40	41-65	66+
11-12	85	1-40	41-65	66+
13-15	95	1-45	46-75	76+
16-18	105	1-45	46-75	76+

Revised 06-06-2023



Babe Ruth League, Inc.

Southeast Regional Baseball Tournaments

Pitch Counts Record (EXAMPLE)

Age Group (circle): 8 9 10 11 12 13 14 **13-15** 16-18

Blue Ridge BRL, Goshen, VA  
 Jackson Field (JF); BR High School (HS)

**Team:** East Fairfax BRL

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**Location & field(s):**

Day & date	Thu, 15 Jul		Fri, 16 Jul		Sat, 17 Jul		Sun, 18 Jul		Mon, 19 Jul		Tue, 20 Jul	
	Recorder / Manager	Game #	Recorder / Manager	Game #	Recorder / Manager	Game #	Recorder / Manager	Game #	Recorder / Manager	Game #	Recorder / Manager	Game #
Initials:	BJ / PB	/	BT / PB	/	/	/	BT / PB	BT / PB	BT / PB	BT / PB	BT / PB	BT / PB
Pitcher name	1-JF		5-JF				11-HS	13-HS	16-HS	17-HS	18-HS	19-HS
Zach Brown	65						60					65
Mike Green	40		20				10	40				15
Bob White			55					50				15
Bill Black			40						50	10		
Tom Jones							40					10
Jim Bond								20	20	30		
Al Smith									10			80
Jack Johnson										70		

If more than 1 field is used, indicate the field in the "Game #" box (e.g., 1-HS for game #1 at high school field; 4-CF for game #4 at county field).

Every pitch delivered to a batter count. This includes strikes, balls, foul balls, fair balls, pitches that touch the batter, and pitches that are ruled "no pitch" by the umpire.

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Southeast Region Baseball Tournament  
Pitch Counts Log Form

Age Group (circle): 8 9 10 11 12 13 14 13-15 16-18 Page \_\_\_\_ of \_\_\_\_

Team: \_\_\_\_\_

Field #: \_\_\_\_\_ Location: \_\_\_\_\_

Date	Game #	Name of Pitcher	Circle the last pitch delivered in each inning and X out all prior pitches																																		
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
	Recorder Initials:		71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
	Recorder Initials:		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
	Recorder Initials:		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
	Recorder Initials:		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
	Recorder Initials:		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35

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